**Articles I found:**

“The mental health crisis among America’s youth is real – and staggering” By Jean Twenge

“Blaming Instagram is too easy: politicians must do more to help teens” By Hadley Freeman

“If Americans really cared about students’ mental health, these school rations would be very different” By Valerie Srtauss

**List of questions**

What is causing the mental help problems?

Is mental health getting worse?

Why is mental health getting worse?

Who should be helping the mental health victims?

Should mental health be taken more seriously?

Does mental health get worse as you get older?

**Statement of topic:**

The question I am going to be using is “why is mental health getting worse?” This question is important to me as I have found more and more of my friends having mental health problems. I struggle with these issues as well. I wish there was something we knew so we could stop all of it from happening.